

Please complete the form below to enable your child to participate in the activities and return to the appropriate centre. **Please note:** North Tyneside Council reserves the right to cancel any course that is under-subscribed, giving a minimum of three days notice. North Tyneside Council cannot be held responsible for any loss, damage or injury suffered whilst taking part in activities.

Name

Age Date of birth

Address

Postcode

DBS card no.

Parents/carers name

Tel no.

Mobile

Email

Does your child have a medical condition or disability that we need to be aware of? YES NO

If yes, please specify:

Activity information

Activity

Date of activity

Activity venue

Cost

Activity

Date of activity

Activity venue

Cost

Activity

Date of activity

Activity venue

Cost

TOTAL AMOUNT

PHOTOGRAPHY: Your child might be photographed during the sports activities which may be used in promotional material and publicity in conjunction with the programmes of North Tyneside Council and its partners, including the website. Please tick the following box if you **do not** want to give permission for this If you do not give permission please note that it is difficult to ensure an individual is not included in group or action shots.

In accordance with the Data Protection Act 1989 the information you give us will be held on our database for the purpose of supplying you with information regarding future activities and for monitoring and evaluating the programme. Please tick if you **do not** wish your details to be placed on the database

Signature (parent, guardian or carer)

Date

Introduction

Welcome to the KidZONE activity programme for half-term - Monday, February 13 to Friday, February 17. North Tyneside Council is offering a range of sporting activities for boys and girls, aged four to seven and eight to 15.

KidZONE sessions aim to deliver a range of sporting and purposeful play activities in a safe, fun and friendly environment. Take the opportunity to learn new skills, meet new friends and have FUN!

Safeguarding children

All sessions are led by trained coaches with enhanced CRB checks.

Equipment

All equipment for sessions is provided. Please wear suitable clothing and footwear and bring plenty of drinks, snacks and lunch if needed.

Behaviour scheme

North Tyneside Council has a behaviour scheme which any child accessing our service must abide by. If your child behaves in an unacceptable manner they may be asked to leave an activity session. If this happens, a parent or guardian will be contacted to collect the child.

Please tick the following box to show you have read and understood this information and are happy with the behaviour scheme.

Pool child admission policy

Waves

- Children aged 3 or under must be accompanied in the water by an adult on a 'one child to one adult' basis.
- Children between 4 and 8 must be accompanied in the water by an adult on a 'two children to one adult' basis.
- Children aged 9 or over may attend the pool without adult supervision.

Tynemouth Pool, The Lakeside Centre and Hadrian Leisure Centre

- Children aged 3 or under must be accompanied in the water by an adult on a 'one child to one adult' basis.
- Children aged between 4 and 7 must be accompanied in the water by an adult on a 'two children to one adult' basis.
- Children aged 8 or over may attend the pool without adult supervision.

Prices

Half day
£3.20 with DBS card or £4.95 without DBS card

Full day (inc supervised lunch for over-eights)
£7.45 with DBS card or £11.85 without DBS card

Full week
£37.30 with DBS card or £59.35 without DBS card

How do I book?

All sessions are operated on a first come, first served basis. To book a place:

- Contact your local sports centre for more information if required
- Complete the consent form
- all into the centre you wish to attend with a completed consent form and payment
- Keep your receipt from reception as proof of purchase

To avoid disappointment, please book your place in advance. (Places may be available on the day.)

Tynemouth Pool

One-to-one lessons now available!

£17 for a 30-minute lesson.
£30 for a 'one to two' 30-minute lesson (brother and sister etc)
£55 crash course of four lessons.
For more information, contact reception.

Pool programme

Vertical Limit
Monday (10.30am – noon)
Wednesday (12.45 – 2.15pm)
Friday (10.30am – noon)

Megaboards diving session
Tuesday to Thursday (10.30am – noon)
Monday, Tuesday, Thursday and Friday (12.30pm – 2pm)



Small pool party

Includes toys, floats and party music (customer's own music) 90 minutes in duration – available Monday to Friday (3pm – 6pm, including 30 minutes in food area by small pool). Price £58.50

For more information, please contact reception (0191) 643 2900 or email: tynemouth.pool@northtyneside.gov.uk

Contours Fit Family sessions

Have you got a child between 11 and 13? Why not bring them along to the gym and let them be your training partner. (Saturday and Sundays only.) Induction required prior to using the gym. This can be booked by calling (0191) 643 7895.

Tynemouth Pool party time

Why not book our main pool or small pool for a mega party during half term!

Option 1: Vertical limit slide and full use of the shallow end and boom pool, including toys and floats for the non-swimmers.
Option 2: Full use of the diving boards and pool, including floats and toys in our boom pool.
Option 3: Special event. The team at Tynemouth Pool have a 'can do' attitude, so if you have a specific event in mind, just ask and we'll see what we can do.

Available Monday, Tuesday, Wednesday (4pm – 5.15pm).

PS - bring along your MP3 player or CD with your favourite music and turn the pool into a disco party!

Price £165.40

Safety: Users must be able to swim a minimum of 25m. Maximum weight limit for riding the slide – 13 stone/83kg.

Beach Road, North Shields NE29 9PX
Tel: (0191) 643 2900

WAVES

KidZcourse – swimming crash courses

Monday, February 13 to Friday, February 17
Stage 5 & 6: 8.30 - 9am
Stage 3 & 4: 9 - 9.30am
Stage 1 & 2: 9.30 - 10am

KidZone swimming lessons

Try our popular swimming lessons, based on the Amateur Swimming Association's 'learn to swim' programme. These courses must be pre-booked. For more information, contact Waves reception on (0191) 643 2600.

The Links, Whitley Bay NE26 1TQ
Tel: (0191) 643 2600



FEBRUARY 2012 HALF-TERM ACTIVITIES PROGRAMME
Monday, February 13 to Friday, February 17

WIDENING HORIZONS Sport North Tyneside

KidZONE Sport & Leisure

www.northtyneside.gov.uk twitter.com/NTCouncilTeam

wafer games - vertical limit - inflatable themed islands
slides, waves - interactive pirate ship - waterwalkerz

No Limits aqua club

Take part in water games, vertical limit, inflatable themed islands, slides, waves, and waterwalkerz!
POOL ADMISSION POLICIES APPLY FOR THIS SESSION

Only 50p per session
The club takes place at the following pools during term time only:
Waves (0191) 643 2600
Mondays 4.30pm-5.30pm
The Lakeside Centre (0191) 643 4177
Thursdays 5.30pm-6.30pm
Hadrian Leisure Centre (0191) 643 2025
Fridays 3.45pm-4.45pm
Tynemouth Pool (0191) 643 2900
Fridays 4.30pm-5.30pm

For further information please contact the pools opposite
All ages up to 17 years of age can dive in to our new club and pay just 50p per session.

Widening Horizons 4 All Community programme February 2012

Widening Horizons 4 Sport activity camps provide young people with the opportunity to take part in a range of activities, including dodgeball, street soccer and Burradon's new Street Hub.

Burradon Recreation and Community Centre Burradon Road, NE23 7NG

Monday, February 13
Tri Golf: 1 - 3pm (8 and over) £2

Tuesday, February 14
Archery Taster Session: 1-3pm (8 and over) £3

Wednesday, February 15
Disability Multi Sport Camp: 9.30am - 3.30pm (5 to 19) £6

Thursday, February 16
Arts and Crafts: 10am - noon (4 and over) £2
Dodgeball: 1 - 3pm (4 and over) £2

Friday, February 17
Xtra Youth Hub: 1 - 2.30pm (8 to 11) £1
Xtra Youth Hub: 3 - 4.30pm (11 and over) £1

To book your place, contact Sport North Tyneside on (0191) 643 7447.

The Rising Sun Country Park Whitley Road, Benton, NE12 9SS

Monday, February 13
Archery: 10 - 11am (8 and over) £2.50
Archery: 11 - noon (8 and over) £2.50

To book your place, contact The Rising Sun on (0191) 643 2241.

NEW! The Parks Sports Centre Howdon Road, North Shields

Tuesday, February 14
'Go for Gold' athletics: 9:30am - 12:30 (6 to 14) £3.50

This brand new event provides a fun and friendly introduction to competitive athletics. It is inclusive with every athlete contributing to their team's score. Each athlete will take part in a running, sprinting, throwing and jumping events under the guidance of qualified coaches.

Each team will be representing one of the Olympic countries in a bid to 'Go for Gold' and everyone will receive a certificate for taking part. Please bring plenty to drink and wear suitable indoor footwear.

To book your place, please contact Sports Development on (0191) 643 7447 or email sport@northtyneside.gov.uk

NEW! Hadrian Leisure Centre St Peter's Road, NE28 7LQ

Thursday, February 16
Bikeability: 9am - 3pm (8 to 12) £1

Bikeability is 'cycling proficiency' for the 21st Century, designed to give young people the skills and confidence to ride their bikes on today's roads.

Young people will be taught by fully qualified instructors, gaining a medal and certificate on successful completion. Young people must bring a bike (in full working order) and a cycle helmet. Please wear warm clothing, bring a waterproof and plenty to drink.

Places are strictly limited, please book in advance by contacting Hadrian Leisure Centre on (0191) 643 2025.

Please note: This session could be cancelled at short notice if weather is bad.

Wallsend Boys and Girls Club Station Road, NE28 8EN

Monday, February 13 to Friday, February 17
Multi-Sports: 10am - 3pm (5 to 15) £10 per day or £45 for 5 days (sibling discount available)
(Earliest drop-off, 9.30am; latest pick-up, 3.30pm)

Wallsend Boys & Girls Club is dedicated to providing an action-packed programme of sports, games and activities for 5 to 15 year-olds, of all abilities.

Children can learn new skills, develop self-confidence, make new friends and - best of all - have fun during the holidays! Children need to bring a packed lunch, soft drink and sports/appropriate clothing. A tuck shop is available on site.

To book, contact Chris Marr on (0191) 262 3051 or email Chrismarr@hotmail.com

You can also visit our website www.wallsendboysclub.org or Facebook page (Search Wallsend Boys Club).

Hadrian Leisure Centre

Burney Bears Club

Age: 4 to 7 | Activities: 10am-noon

Come along to the Burney Bears Club and take part in some sports and fun activities!

Tuesday Parachute and fun games
Wednesday Arts and crafts. Puppet making (bring an old sock)
Friday Bouncy castle and fun games

Gymnastics and trampolines

Monday, February 13 and Thursday, February 16

Age: 5 to 12
Activities: 10am - noon
Price: £5 a session with an ease card or £6.65 without

Climbing wall

Tuesday, February 14
Age: 8 to 15
Activities: 10am - noon
Scale the heights of the climbing wall supervised by an instructor. Price includes all equipment and climbing wall shoes. Only 12 spaces available, so please book in advance. Contact reception on (0191) 643 2025.

Price: £6.50 with ease card or £9 without.



Drama workshop by First Stage Theatre Company

Wednesday, February 15
10am-12noon for 7-10 years old
1pm-3pm for 11 to 15 years old
Price: £4 a session - to be paid to the coach. Please ring to reserve a space

Brand new Bikeability course level 1 and 2 (cycling proficiency for the 21st Century)

If you are aged between 8 and 12, cycle along on Thursday, February 16 (9am - noon and 1pm - 3pm). Cost: £2.50 (includes course and supervised lunch). Bring your bike and helmet (both should be in good working order), a waterproof, warm clothing and a drink. For more information, visit www.dft.gov.uk/bikeability Please note: the course may be cancelled at short notice if the weather is bad.

Archery

Wednesday, February 15
(10am - 11am or 11am - noon)
Age: Over 8
Price: £2.50 a session

Kidzone Sportz mix

Friday, February 17
Age: 8 to 15
Activities: 9.30am - noon
Take part in badminton, dodgeball, football and table tennis.

Pool programme

1.30pm-3pm
Monday Toys and floats
Tuesday and Friday Inflatable
Thursday Waterwalkerz

(Pool admission policies apply for the above sessions. Children must be over seven to participate in Waterwalkerz)



St. Peter's Road, Wallsend NE28 7LQ
Tel: (0191) 643 2025

The Lakeside Centre

Lakey Lions Club

Age: 4 to 7 | Activities: 1pm-3pm
A FUN session for the youngsters to roar into action!

Monday Gymnastics and mini games
Tuesday Soft play and arts & crafts
Wednesday Teeny Bopp
Thursday Mini-games
Friday Sports day (multi sports)

KidZONE

Age: 8 to 15 | Activities: 9.30am-noon

Monday Gymnastics
Tuesday Multi sports
Wednesday Football
Thursday Basketball
Friday Trampoline



Pool activities

1pm-2.30pm
Monday Toys and floats
Tuesday Pool inflatables
Wednesday Toys and floats
Thursday Inflatables
Friday Toys and floats



Swimming crash courses

Monday - Friday
Try our popular swimming lessons, based on the Amateur Swimming Association's 'learn to swim' programme. Courses must be pre-booked at Lakeside Centre reception. To book, or for more information, call (0191) 643 4177.

Stage 1 crash course: 8.30am - 9am
Stage 2 crash course: 9am - 9.30am
Stage 1 crash course: 9.30am - 10am
Stage 2 crash course: 10am - 10.30am

Southgate, Killingworth NE12 6SA
Tel: (0191) 643 4177



Marden Bridge Sports Centre

Marden Mouse Club

Age: 4 to 7
Activities: 10am-noon and 1pm-3pm
(No supervised lunch - children must be collected at noon)
Children learn to enjoy activities as part of a team in a sports environment while having fun.

Monday Trampoline and bouncy castle (am)
Soft play and mini-games (pm)
Tuesday Soft play and bouncy castle (am)
Soft play and mini-games (pm)
Wednesday Bouncy castle and soft play (am)
Bouncy castle and parachute games (pm)
Thursday Parachute games and bouncy castle (am)
Soft play and bouncy castle (pm)
Friday Bouncy castle and mini-games (am)
Party games and bouncy castle (pm)

KidZONE

Age: 8 to 15
Activities: 9.30am-noon
Supervised lunch: noon-1pm
Activities: 1pm-3.30pm



Monday Dodgeball and team games (am)
Trampoline and rounders (pm)
Tuesday Football and badminton (am)
Team games (pm)
Wednesday Sports zone (all day)
Thursday Basketball and table tennis (am)
5-a-side tournament (pm)
Friday Halloween fun and games (all day)

Hillheads Road, Whitley Bay NE25 8RW
Tel: (0191) 643 2929