

WIDENING HORIZONS
Sport North Tyneside



North Tyneside Council

5k Family Fun Run 2010

Entry:
£5 per
child

includes goodie bag

www.sportnorthtyneside.org.uk

Date: Saturday, September 25

Time: Arrive at 9am for a 10am start

Where: Rising Sun Sports Ground, Wallsend

5k Family Fun Run 2010

- Free goodie bag for every child that takes part
- Free water

Contact us for further information

Call: **(0191) 643 7447**

Email: sportsdevelopment@northtyneside.gov.uk

www.sportnorthtyneside.org.uk



Entry form

Please complete this entry form, tear off and return with a cheque to the address overleaf by **Friday, September 17.**

First name	<input type="text"/>					
Surname	<input type="text"/>					
Address	<input type="text"/>					
Postcode	<input type="text"/>	Telephone	<input type="text"/>			
Email	<input type="text"/>	Female	<input type="checkbox"/>	Male	<input type="checkbox"/>	
Date of birth	<input type="text"/>	Childs t-shirt size	S <input type="checkbox"/>	M <input type="checkbox"/>	L <input type="checkbox"/>	XL <input type="checkbox"/>

Additional entries

First name	<input type="text"/>					
Surname	<input type="text"/>					
Date of birth	<input type="text"/>	Female	<input type="checkbox"/>	Male	<input type="checkbox"/>	
		Childs t-shirt size	S <input type="checkbox"/>	M <input type="checkbox"/>	L <input type="checkbox"/>	XL <input type="checkbox"/>

First name	<input type="text"/>					
Surname	<input type="text"/>					
Date of birth	<input type="text"/>	Female	<input type="checkbox"/>	Male	<input type="checkbox"/>	
		Childs t-shirt size	S <input type="checkbox"/>	M <input type="checkbox"/>	L <input type="checkbox"/>	XL <input type="checkbox"/>

First name	<input type="text"/>					
Surname	<input type="text"/>					
Date of birth	<input type="text"/>	Female	<input type="checkbox"/>	Male	<input type="checkbox"/>	
		Childs t-shirt size	S <input type="checkbox"/>	M <input type="checkbox"/>	L <input type="checkbox"/>	XL <input type="checkbox"/>

I understand that I participate completely at my own risk and the organisers will not be responsible for any loss or injury however caused. Children under the age of 13 must be accompanied by an adult.

Signed	<input type="text"/>
Date	<input type="text"/>

Further information overleaf

5k Family Fun Run 2010

Entry fees:

£5 - per child

Free - parents and carers

Please make cheques payable to
North Tyneside Council and return with this form to:

North Tyneside Family Fun Run
North Tyneside Council, Quadrant West
Silverlink North, Cobalt Business Park, North Tyneside, NE27 0BY

Please note: The route is based on bridle paths around the Rising Sun Country Park, which may not be accessible to all wheelchair users. There is limited parking at the Rising Sun Sports Ground. Registration closes on the race day at 9.30am and may close earlier if the maximum run capacity of 500 is reached.

Getting there

The run will start and finish at Rising Sun Sports Ground in Wallsend, which can be accessed from Kings Road North.



North Tyneside Council